Ready for school check list

Tick each item when it has been done (not all tasks will apply to you).

2016

- Attend school open days, information evenings, school transition programs.
- When immunisations are due, ask to have your child’s hearing and eyesight checked.
- If your child has an allergy, medical condition, takes medication or has any special needs, inform the school when you enrol your child.
- Fill in a travel pass application if this applies to you.
- Organise out of school hours care.
- Practise walking or travelling to school.

Some things you might need to buy

- School uniform (Summer, Winter, socks)
- Hat (part of school uniform)
- School shoes or running shoes (try Velcro straps if they can’t tie laces)
- Back pack (maybe purchased from the uniform shop)
- Lunch box (get your child to choose one they can open)
- Water bottle
- Art smock (an old t-shirt will do)
- Raincoat
- Library bag (included in the student requisites)

2017

January

Open the countdown calendar. You might like to spend some time each day with your child doing the tasks written on the calendar.

Get organised at home

- Write your child’s name on everything!
- Make sure you have the school’s phone number programmed in your phone.
- If you have a son, make sure he knows how to use a urinal.

The night before the first day

- Lay out your child’s clothes, shoes and socks.
- Make your child’s recess and lunch and pop it in the fridge.
- Help your child to pack their school bag.
- Pack a spare pair of underpants, socks and a change of clothes in a plastic bag.
- Let your child know these are in their back pack in case they have any toilet accidents at school.

The first day

- Be confident about the first day with your child.
- Let your child dress themselves as much as possible.
- Tie back long hair or plait hair.
- Supply sunscreen and take a hat.
- Take photos!
- Pick up your child on time.

The first weeks of school

- The school will let you know when you may need to pack items of activities such as sport, art or library.
- Children are often very tired in the first few weeks of school. Your child needs lots of sleep.
- Give your child a healthy breakfast to get them through the day.
- Make sure your child knows who will pick them up each day.
- Check your child’s bag each night for school notes and lunch leftovers.
- Try to establish regular morning routines.
- Start a home reading routine.
- Talk to the teacher about helping in the classroom, if you can.
- It is very important to talk to your child’s teacher if you have any concerns.
- ENJOY!

Sunshine Primary School