

# Ready for school checklist

Tick each item when it has been done (not all tasks will apply to you).

**2018**

- Attend school open days, information evenings, school transition programs.
- When immunisations are due, ask to have your child's hearing and eyesight checked.
- If your child has an allergy, medical condition, takes medication or has any special needs, inform the school when you enrol your child.
- Fill in a travel pass application if this applies to you.
- Organise out of school hours care.
- Practise walking or travelling to school.

## Some things you might need to buy

- School uniform (Summer, Winter, socks)
- Hat (part of school uniform)
- School shoes or running shoes (try Velcro straps if they can't tie laces)
- Back pack (maybe purchased from the uniform shop)
- Lunch box (get your child to choose one they can open)
- Water bottle
- Art smock (an old t-shirt will do)
- Raincoat
- Library bag



**2019**

## January

Open the **countdown calendar**. You might like to spend some time each day with your child doing the tasks written on the calendar.

### Get organised at home

- Write your child's name on everything!
- Make sure you have the school's phone number programmed in your phone.
- If you have a son, make sure he knows how to use a urinal.

### The night before the first day

- Lay out your child's clothes, shoes and socks.
- Make your child's recess and lunch and pop it in the fridge.
- Help your child to pack their school bag.
- Pack a spare pair of underpants, socks and a change of clothes in a plastic bag.
- Let your child know these are in their back pack in case they have any toilet accidents at school.

### The first day

- Be confident about the first day with your child.
- Let your child dress themselves as much as possible.
- Tie back long hair or plait hair.
- Supply sunscreen and take a hat.
- Take photos!
- Pick up your child on time.

### The first weeks of school

- The school will let you know when you may need to pack items of activities such as sport, art or library.
- Children are often very tired in the first few weeks of school. Your child needs lots of sleep.
- Give your child a healthy breakfast to get them through the day.
- Make sure your child knows who will pick them up each day.
- Check your child's bag each night for school notes and lunch leftovers.
- Try to establish regular morning routines.
- Start a home reading routine.
- Talk to the teacher about helping in the classroom, if you can.
- It is very important to talk to your child's teacher if you have any concerns.
- ENJOY!

