policy HEALTH & PHYSICAL EDUCATION

RATIONALE
To develop a Health and Physical Education Program which encourages self esteem, self awareness, physical fitness and promotes among students responsibility for personal well being.

AIMS
The Health and Physical Education Policy at Sunshine Primary School aims to:
• develop student awareness of physical fitness
• encourage the development of co operation, team spirit and respect for each other;
• encourage a healthy competitive environment, and set foundations for a positive attitude;
• develop in students the ability to make safe and smart choices about personal health and to encourage students to take responsibility for such decisions;

IMPLEMENTATION
• The Physical Education teacher will be in charge of co-ordinating the distribution of PE resources and equipment. The classroom teachers will take responsibility for health and physical education beyond that offered by the specialist.
• The Physical Education teacher will keep a work program and provide the principal and classroom teachers with an outline of the PE program being followed. This program is also included in the Curriculum Newsletter (The program will include elements of game skills, dance and fitness).
• The Physical Education program will be integrated with classroom and other specialist programs where appropriate.
• All grades will be involved in the Physical Education program conducted by the Specialist in the time allocation as directed by the Department of Education and Early Childhood guidelines.
• Parents will be actively encouraged to assist in the health and physical education program. Parents and people with special skills will be invited to share their Knowledge with the students.
• The Physical Education teacher with classroom teachers will take responsibility for promoting skills, knowledge and attitudes appropriate to health and physical education. Health Education will include information about nutrition.
• A swimming program will be offered to children in Year Prep-4 if cost effective. Year 5/6 children will be offered a sports program which will include inter-school sport organised by the Physical Education teacher.
• The school’s Sun Smart policy will apply to all staff and students.
• Where practical health education will be taken on board as a part of the school’s Inquiry curriculum.
• The Physical Education teacher will be a resource person for teachers in taking class physical education. A resource library of references, activity books will be maintained in the library.
• Time will be provided at the beginning and end of each year to stock take, update inventory and arrange supplies for that year and the following year. All other physical education equipment will be kept in a secure location.
• Students will be able to borrow sports equipment during recess and lunch time.

EVALUATION
This policy will be reviewed as part of the school’s three-year review cycle.