Newsletter

Camp Australia Sunshine primary OSHC – October

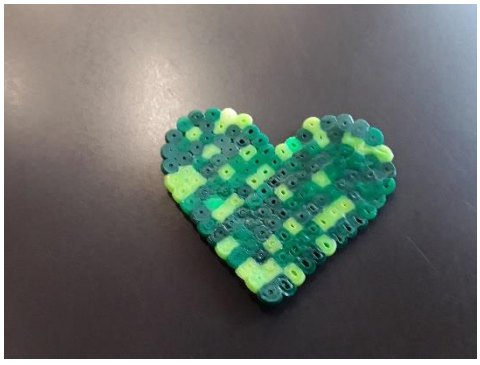
Dear Parents,
Welcome Back!! Hope you are safe and well, we are excited to see children return to school and welcome them into Your OSHC. As we return to school, please ensure your child has a hat to enjoy outdoor activities and experiences as they spring weather has been a delight and our UV has been rising. Therefore, to enjoy this time safely we must be sunsmart.

What's been happening?

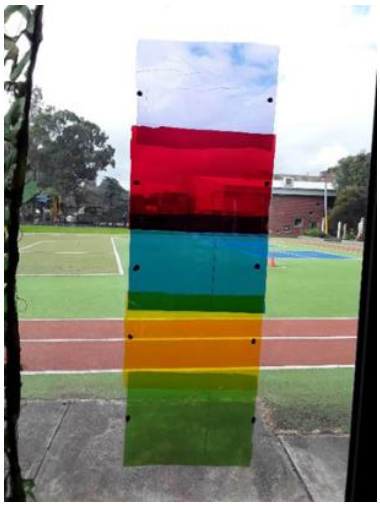
During October the children have been involved in sensory activities such as using kinetic sand. Playing with the sand has many anxiety-reducing benefits for children. It's similar to using comfort object to reduce anxiety because it's tactile, and it has its own unique advantages as well. By playing with sand, children don't have to talk or think with words. Sand helps people go deeper within and access their creative aspects. Given that anxiety causes us to overthink and overanalyse, this is a huge benefit that goes long way to reduce anxiety.

Bright green kinetic sand a

Hama beads have also been a hit using their fine motor skills and concentration to pick up and place the tiny beads in different patterns to create their own masterpiece the children are very proud to turn them into keychains or gifts for their family and friends.
These activities relate to Quality area 1 and outcome 4 Children are confident and involved learners.



Hama bead creations



What's coming up next month?

Halloween celebrations have been happening and can't wait to share what the children got up to in the next newsletter.
Our talent week is coming up, during this week the children will be sharing all the amazing talents they possess.
Christmas festivities will also begin shortly after.

Lots of amazing experiences on offer for the children at OSHC.

Cheers and take care from Filiz the Coordinator and CA Team