

# policy **SUNSMART**

## **RATIONALE**

At Sunshine Primary school we have developed a Sunsmart policy that will ensure that all students and staff members attending our school are protected from skin damage caused by the harmful ultra-violet rays of the sun.

## **AIMS**

- To ensure that hats which protect the face, neck and ears are worn whenever outside and when the UV levels reach three and above.
- To direct students who do not have hats with them to play in designated areas protected from the sun.
- To provide hats that satisfy Anti-Cancer Council of Victoria guidelines as part of the school uniform, ie legionnaires or broad brimmed hats.
- To provide SPF30+ broad spectrum sunscreen for staff and student use whenever possible.
- To encourage students to use available areas of shade for outdoor activities.
- To encourage staff and parents to act as role models by practising Sunsmart behaviour.

## **IMPLEMENTATION**

- To regularly reinforce Sunsmart behaviour in a positive way through newsletters, parents meetings, students and teacher activities.
- Use sun protection all year round including hats and sunscreen.
- To remind student to reapply sunscreen prior to recess and lunchtime.
- To incorporate programs on the harmful effects of the sun.
- To schedule where possible outdoor activities such as PE sessions and sport in the morning sessions.
- To organise outdoor activities to be held in areas of shade whenever possible.
- To provide indoor activities on days of high risk.
- To preserve and care for the number of trees in our playground which provide shelter for the students.
- To maintain the shelters which provide shade in our playground.
- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- The school newsletter and school assemblies will be used to highlight and reinforce the Sunsmart policy.
- To enact the inclement weather policy on days over 35 degrees.

## **EVALUATION**

This policy will be reviewed as part of the school's three-year review cycle.